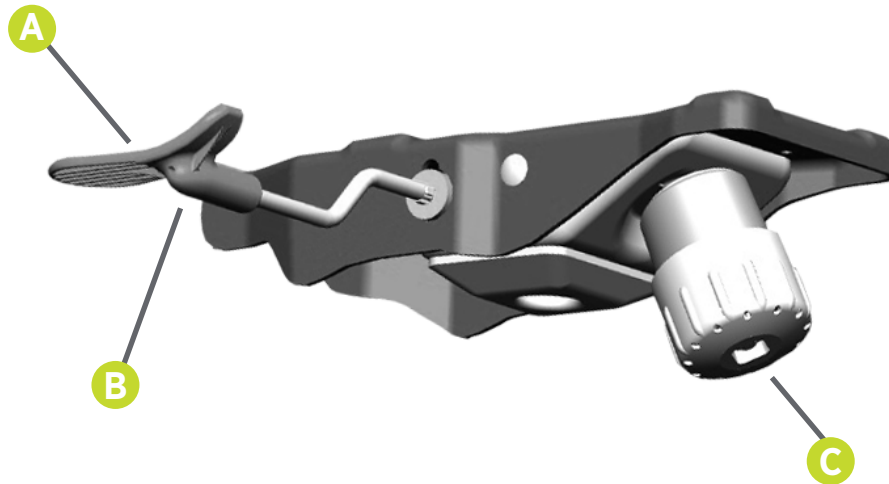


# Amery Seating

## User Instructions



### **A** Seat Height Adjustment

To raise the seat height, stand up or raise your body so there is no pressure on the seat. Lift the paddle and raise the seat to the desired height.

To lower the seat height, sit in the chair to apply pressure on the seat. Lift the paddle and lower the seat to the desired height.

### **B** Tilt-Lock Adjustment

To tilt or recline, pull out the paddle/rod to unlock the back and allow recline. Push the paddle/rod in to lock the back in position.

### **C** Tension Control

While seated, to tighten the tension, turn the knob counter-clockwise, to loosen the tension, turn the knob clockwise.

Note: Actual color of control on product is black.